

A371-PG

MCP-11

**P.G. DIPLOMA EXAMINATION –
SEPTEMBER, 2020**

Psychological Counseling

FUNDAMENTALS OF PSYCHOLOGY

Time : 3 Hours

Maximum Marks : 75

PART A – (3 × 5 =15 marks)

Answer any THREE questions.

Each answer should not exceed 1 page.

1. Write short note on branches of Psychology?
2. Write short note on neurotransmitters?
3. Explain in short about Conditioning?
4. Write short note on biological motives?
5. Explain in short about GAS?

PART B – (4 × 15 = 60 marks)

Answer any FOUR questions.

Each answer should not exceed 4 pages.

6. Discuss in detail about the methods to study psychology and its day today application in daily life.
7. Describe the role of sensory functions in perception and thinking?
8. Elaborate in detail about classical conditioning and the laws involved in the process?
9. Explain in detail about the memory functions and the memory disturbances occurring in the aged?
10. Discuss about the motivation and theories involved in motivation?
11. Discuss in detail about the CNS and PNS?
12. Describe in detail about the stress, its causes and effective stress management methods?

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MCP-12

**P.G. DIPLOMA EXAMINATION —
SEPTEMBER-2020**

Psychological Counseling

DEVELOPMENTAL PSYCHOLOGY

Time : 3 Hours

Maximum Marks : 75

PART A — (3 × 5 = 15 marks)

Answer any **THREE** questions.

Each answer should not exceed 1 page.

1. What is babinski reflex?
2. Write short note on growth and maturity.
3. What are the basic principles of development?
4. Write short note on developmental milestones.
5. What are pervasive developmental disorders?

PART B — (4 × 15 = 60 marks)

Answer any FOUR questions.

Each answer should not exceed 4 pages.

6. Discuss in detail about developmental process and hazards of prenatal stage.
 7. Explain in detail about behavioral problems in children.
 8. Explain in detail the period of stress and storm.
 9. Discuss in detail psychological hazards of young adulthood.
 10. Explain in detail about the nature, process and steps of social development in childhood.
 11. Explain in detail about the Empty nest syndrome and the adjustment issues faced in late adulthood.
 12. Elaborate in detail about the physiological hazards of old age.
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MCP-13

**P.G. DIPLOMA EXAMINATION —
SEPTEMBER-2020**

Psychological Counseling

PSYCHOPATHOLOGY AND MENTAL HEALTH

Time : 3 Hours

Maximum Marks : 75

PART A — (3 × 5 = 15 marks)

Answer any **THREE** questions.

Each Answer Should Not Exceed 1 Page.

1. Write short notes on various types of intelligence tests.
2. Describe the characteristics of a mentally healthy person.
3. Discuss on types of eating disorders.
4. Write about disorders related to childhood and adolescence.
5. Highlight on the Types of mental retardation.

PART B — (4 × 15 = 60 marks)

Answer any FOUR questions.

6. Describe the classification of mental illness.
 7. Write in detail on Delirium.
 8. Discuss in detail on psychological assessment and their importance in mental illness.
 9. Describe the signs and symptoms of mood disorders in detail.
 10. Discuss on gender identity disorders.
 11. Explain the types of schizophrenia and psychosocial management of schizophrenic illness.
 12. Discuss in detail biological, psychological and social causes of abnormal behaviour.
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MCP-14

**P.G. DIPLOMA EXAMINATION —
SEPTEMBER-2020**

Psychological Counseling

COUNSELLING AND HEALTH PSYCHOLOGY

Time : 3 Hours

Maximum Marks : 75

PART A — (3 × 5 = 15 marks)

Answer any **THREE** questions.

Each answer should not exceed 1 page.

1. What are the goals of counseling?
2. Write short note on Gate theory of pain.
3. What are stressors?
4. Write short note on personal effectiveness.
5. What is counter transference?

PART B — (4 × 15 = 60 marks)

Answer any FOUR questions.

Each answer should not exceed 4 pages.

6. Discuss in detail the eclectic approach of counseling.
7. Explain in detail about parental counselling.
8. Discuss in detail about the models of stress and its biological effects in people.
9. Discuss in detail about the role and importance of mental health and physical well being.
10. Explain in detail life style risk factors and its role in developing diseases.
11. Differentiate and explain in detail about parental and family counseling.
12. Elaborate in detail about the non-verbal and verbal communication in counseling process.

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MCP-15

**P.G. DIPLOMA EXAMINATION –
SEPTEMBER 2020**

PSYCHOLOGICAL COUNSELLING

COUNSELLING TECHNIQUES AND ASSESSMENT

Time : 3 Hours

Maximum Marks : 75

PART A — (3 × 5 = 15 Marks)

Answer any **THREE** questions.

Each answer should not exceed 1 page.

1. Write short note on aptitude tests.
2. Explain Group process in group counseling.
3. Write short note on physical requirements of a counseling setup?
4. Explain Anecdotal record.
5. What is Case study Preparation?

PART B — (4 × 15 = 60 Marks)

Answer any **FOUR** questions.

Each answer should not exceed 4 page.

6. Discuss in detail about the multicultural issues involved in counseling process.
7. Describe in detail the scope and functions of a counselor in this modern world.
8. Discuss in detail about intelligence and the assessment methods for assessing intelligence.
9. Elaborate on the desirable characteristics and skills of a counselor.
10. Write in detail about the role of case history taking and observation in the process of counseling.
11. How to evaluate a test material and explain in detail about the validity and reliability of a good test.
12. How to assess the personality traits of an individual using psychometric assessment.