



**TAMIL NADU OPEN UNIVERSITY**  
Chennai - 15  
**School of Social Science**  
**SPOT ASSIGNMENT**

Programme Code No	:	232
Programme Name	:	M.Sc., Counselling Psychotherapy First year
Course Code & Name	:	MCPS-11, Advanced General Psychology
Batch	:	AY 2021-2022
No. of Assignment	:	One Assignment for Each 2 Credits
Maximum CIA Marks	:	15 (Average of Total No. of Assignment)

**Assignment - 1**

Max : 15 Marks

**Answer any one of the question not exceeding 1000 words**

1. Describe the Application of Psychology.
2. Explain the Perceptual process.
3. Discuss the Role of Reward and punishment in learning.

**Assignment - 2**

**Answer any one of the question not exceeding 1000 words**

1. What are the Types of motives?
2. Explain the Theories of intelligence.
3. Discuss about the Assessment of Personality.



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Programme Code No	:	232
Programme Name	:	M.Sc., Counselling Psychotherapy First year
Course Code & Name	:	MCPS-12, Advanced Social Psychology
Batch	:	AY 2021-2022
No. of Assignments	:	One Assignment for Each 2 Credits
Maximum CIA Marks	:	15 (Average of Total No. of Assignment)

**Assignment – 1**

Max : 15 Marks

**Answer any one of the question not exceeding 1000 words**

1. Explain the Research Methods in Applied Social Psychology.
2. Discuss about the Nonverbal Communication.
3. How Attitude Formed? Explain.

**Assignment – 2**

**Answer any one of the question not exceeding 1000 words**

1. Discuss the Factors determining Attraction.
2. Explain the major types of Leadership and its functions.
3. Write a note on application of Social Psychology in Health.



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Programme Code No	:	232
Programme Name	:	M.Sc., Counselling Psychotherapy First year
Course Code & Name	:	MCPS- 13, Life Span Psychology
Batch	:	AY 2021-2022
No.of Assignment	:	One Assignment for Each 2 Credits
Maximum CIA Marks	:	15 (Average of Total No. of Assignment)

## Assignment - 1

Max : 15 Marks

**Answer any one of the question not exceeding 1000 words**

1. Describe the Stages of Development.
2. Explain the Piaget's model of Cognitive Development.
3. Discuss the Psychoanalytic perspectives in the personality development.

## Assignment - 2

**Answer any one of the question not exceeding 1000 words**

1. Discuss about the identity crisis in adolescence.
2. Explain the Career planning during Adulthood.
3. State the Physical changes during old age.



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Programme Code No	:	232
Programme Name	:	M.Sc., Counselling Psychotherapy First year
Course Code & Name	:	MCPS- 14, Research Methods and Statistics
Batch	:	AY 2021-2022
No. of Assignments	:	One Assignment for Each 2 Credits
Maximum CIA Marks	:	15 (Average of Total No. of Assignment)

**Assignment - 1**

Max : 15 Marks

**Answer any one of the question not exceeding 1000 words**

1. Write down the Steps in research.
2. Illustrate the Criteria of good problem.
3. Explain the Scales of measurement.

**Assignment - 2**

**Answer any one of the question not exceeding 1000 words**

1. What is Probability sampling? Explain.
2. Write a note on completely randomized groups' designs.
3. Explain the Role of computers in Research.



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Programme Code No	:	232
Programme Name	:	M.Sc., Counselling Psychotherapy First year
Course Code & Name	:	MCPS- 15, Theories of Personality
Batch	:	AY 2021-2022
No. of Assignment	:	One Assignment for Each 2 Credits
Maximum CIA Marks	:	15 (Average of Total No. of Assignment)

**Assignment - 1**

Max: 15 Marks

**Answer any one of the question not exceeding 1000 words**

1. List out the determinants of personality.
2. Explain the Structure of personality according to Erich Fromm.
3. Explain the Phenomenology proposed by Victor Frankl.

**Assignment - 2**

**Answer any one of the question not exceeding 1000 words**

1. Explain the McClelland's Theory of motivation.
2. What are the Characteristics of sensation seekers?
3. Explain about Learned Helplessness proposed by Martin E.P. Seligman:



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SPOT ASSIGNMENT

Programme Code No : 232  
Programme Name : M.Sc., Psychology First year  
Course Code & Name : MCPS-21, Psychopathology & Mental Health  
Batch : AY 2021-2022  
No. of Assignments : One Assignment for Each 2 Credits  
Maximum CIA Marks : 15 (Average of Total No. of Assignment)

## Assignment - 1

Max : 15 Marks

**Answer any one of the question not exceeding 1000 words**

1. Write about the Classification of mental disorders.
2. Describe the Substance related disorders.
3. Describe about Schizophrenia.

## Assignment - 2

**Answer any one of the question not exceeding 1000 words**

1. What are Sexual and Gender Identity disorders?
2. Write a note on Clinical Assessment.
3. Describe about Mental health Model.



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**SPOT ASSIGNMENT**

Programme Code No	: 232
Programme Name	: M.Sc., Psychology First year
Course Code & Name	: MCPS -22, Counselling Skills and Techniques
Batch	: AY 2021-2022
No. of Assignments	: One Assignment for Each 2 Credits
Maximum CIA Marks	: 15 (Average of Total No. of Assignment)

**Assignment – 1**

Max : 15 Marks

**Answer any one of the question not exceeding 1000 words**

1. What are Specific Counselling skills? Explain.
2. Explain the Egan's problem management approach to helping
3. Narrate the Qualities of the Effective Listener.

**Assignment – 2**

**Answer any one of the question not exceeding 1000 words**

1. Write a note on Facilitation Activities.
2. Explain the Problem Solving Activities.
3. Discuss about Counselling applied to drugs and alcohol abuse



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**SPOT ASSIGNMENT**

Programme Code No : 232  
Programme Name : M.Sc., Psychology First year  
Course Code & Name : MCPS - 23, Psychometry  
Batch : AY 2021-2022  
No. of Assignment : One Assignment for Each 2 Credits  
Maximum CIA Marks : 15 (Average of Total No. of Assignment)

**Assignment - 1**

Max : 15 Marks

**Answer any one of the question not exceeding 1000 words**

1. List out the Characteristics of Standardized Test.
2. Describe the Types of Attitude Scales.
3. Discuss about Concept of Validity.

**Assignment - 2**

**Answer any one of the question not exceeding 1000 words**

1. Explain the concept Reliability and Reliability measures.
2. Describe the Meaning and Purpose of Norms.
3. Explain the Advantages and Disadvantages of Computerized Testing.





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**SPOT ASSIGNMENT**

Programme Code No	:	232
Programme Name	:	M.Sc., Psychology First year
Course Code & Name	:	MCPS- 24, Sports Psychology
Batch	:	AY 2021-2022
No. of Assignments	:	One Assignment for Each 2 Credits
Maximum CIA Marks	:	15 (Average of Total No. of Assignment)

**Assignment - 1**

Max : 15 Marks

**Answer any one of the question not exceeding 1000 words**

1. Explain the development of sport psychology in India and worldwide.
2. List out the characteristics and cognitive process in sports.
3. Write a note on Flow in Sports.

**Assignment - 2**

**Answer any one of the question not exceeding 1000 words**

1. Discuss the Techniques of motivating the Athletes.
2. Explain the Psychological preparation for competition.
3. Describe about Sports and Personality.



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Programme Code No	:	232
Programme Name	:	M.Sc., Psychology First year
Course Code & Name	:	MCPS - 25, Psychological Assessment
Batch	:	AY 2021-2022
No. of Assignments	:	One Assignment for Each 2 Credits
Maximum CIA Marks	:	15 (Average of Total No. of Assignment)

**Assignment - 1**

Max: 15 Marks

**Answer any one of the question not exceeding 1000 words**

1. What is Interest How it can be assessed.
2. What is Stress? How it can be assessed?
3. How will you assess the Study Skills of your subject?

**Assignment - 2**

**Answer any one of the question not exceeding 1000 words**

1. How will you assess the Job involvement of your subject?
2. How will you assess the Job satisfaction of your subject?
3. How will you assess the Assertiveness of your subject?