

# M.A. Women's Studies

## (Master of Arts) Programme Project Report Detailed Syllabus

Non-Semester Pattern from  
2021 Calendar Year



தமிழ்நாடு திறந்தநிலைப் பல்கலைக்கழகம்  
**Tamil Nadu Open University**

[A State Open University established by Government of TamilNadu, Recognized by UGC-DEB,  
Member in Asian Association of Open Universities and Association of Commonwealth Universities]

**School of Social Sciences**  
**Department of Women's Studies**



# MASTER OF ARTS (M.A. Women's Studies)

## PROGRAMME PROJECT REPORT & DETAILED SYLLABUS

Non-Semester Pattern  
*Calendar Year 2021 onwards*



## தமிழ்நாடு திறந்தநிலைப் பல்கலைக்கழகம் Tamil Nadu Open University, Chennai

(A state open University Established by Government of Tamilnadu,  
Recognized by UGC & DEB, Member in Asian Association of Open  
Universities & Association of Commonwealth Universities)

### SCHOOL OF SOCIAL SCIENCES

#### Department of Women's Studies

No. 577, Anna Salai, Saidapet, Chennai – 600 015.  
TamilNadu, India.



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**SEPTEMBER 2020**



# Tamil Nadu Open University

[A State Open University established by Government of Tamil Nadu, Recognized by UGC-DEB,  
Member in Asian Association of Open Universities and Association of Commonwealth Universities]

**No- 577, Anna Salai, Saidapet, Chennai -600015, Tamil Nadu, India**

**Prof. K.Parthasarathy**  
Vice-Chancellor

## FOREWORD

I am greatly honoured and delighted to present the Tamil Nadu Open University Vision 2030. The Tamil Nadu Open University was established in 2002, aiming to reach the hitherto unreached. Since then, it has been one among the pioneer universities in the country providing quality education to all.

In order to carry on the legacy as well as measure up to the challenges such as globalization, privatization, increased competition, need for employability, advanced research etc., it is important to devise a vision for the next ten years to pursue the plans that we set for the future.

The TNOU Vision 2030 is prepared with foresightedness and utmost care in all respects in light of the Nation Education Policy 2020 in order to achieve the national mission. Our vision is to provide holistic curricula, adopt the best teaching-learning and evaluation processes, render contribution through research, expanding ODL to all levels especially to reach the Socio-Economically Disadvantaged Groups (SEDGs) with quality and equity, to provide modern infrastructural facilities, dedicated learner support services without any compromise, entrepreneurship and skill development, quality enhancement aims to achieve international standards, establish state repository for open educational resources, and to provide extension activities.

As per the All India Survey on Higher Education (AISHE) Report, the Gross Enrolment Ratio (GER) in Higher education in India is 26.3% whereas in Tamil Nadu, it is 49%, it means that 73.7% people of India and 51% of Tamil Nadu are unable to access Higher Education. Open and Distance Education (ODL) is one of the options to provide quality education to the SEDGs. The contribution of Distance Education in the national GER is about 10.62% of the total enrolment in higher education.

Strengthening of ODL will definitely give way for all people in the country to access higher education. With proper planning and implementation of the ODL, we could achieve more and Tamil Nadu Open University will emerge as the singular abode for institutions of higher learning in ODL mode which can compete and collaborate with the best in the world in terms of quality and equity.

In this view, as Vice-Chancellor of Tamil Nadu Open University has prepared a Vision paper 2030 with a support of few experienced faculty members of the University. This vision statement will act as the road map to give a sense of direction and guide the University into the unforeseeable future. I assure that Tamil Nadu Open University will definitely develop in all aspects and achieve global standards of quality in light of this Vision paper 2030. Let us all unite together and work accordingly to achieve the Vision 2030.

I am very much pleased to record my sincere and heartfelt thanks and profound gratitude to our Hon'ble Governor of Tamil Nadu and Chancellor of Tamil Nadu Open University for giving me an opportunity to serve as Vice-Chancellor of Tamil Nadu Open University from 03.06.2019 and further given me an opportunity to undergo training with all Vice-Chancellor's of Tamil Nadu on Conceiving and Drafting Hon'ble Governor Vision on Higher Education in Tamil Nadu 2030.

With regards,

Date: 31.07.2020

(K.PARTHASARATHY)



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## MEMBERS OF BOARD OF STUDIES

### **CHAIRMAN**

**Prof. N. Manimekalai**  
Professor & Head  
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### **PROGRAMME COORDINATOR**

**Dr. D. Thirumalraja**  
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### **EXTERNAL SUBJECT EXPERTS**

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**Dr. T. Gopinath**  
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### **ALUMNUS**

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### **LEARNER ON ROLL**

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**Mr. R. Dhatchinamoorthy**  
Asst. Professor  
GRT College of Education  
Tiruttani



# TAMIL NADU OPEN UNIVERSITY

Department of Womens' Studies

School of Social Sciences

## MASTER OF ARTS (WOMEN'S STUDIES)

### Programme Project Report (PPR)

#### Programme's mission and Objectives

Women's Studies as an academic field of study and research aims at facilitating the learners to understand and use intersectional analysis to explore the bases of social inequalities; understand what it means to place women at the centre of knowledge-making and of discourse across disciplinary boundaries;. It also intends to understand the dynamic relationship between Gender studies and Women's studies.

#### Relevance of the Programme with HEI's Mission and Vision:

The M.A Women's Studies Programme Investigate issues and debates around gender, particularly in relation to Indian society as well as the global perspective. It identifies and explain the ways in which gender shapes our everyday lives through the intersections of gender, race, class, sexuality, age, religion, culture, and nation. It also Discuss the ways in which systems of power, privilege, and oppression shape our experiences as individuals and members of communities.

#### Nature of prospective target group of Learners

The Master of Women's Studies Programme has been designed for those who are interested in serving the society through caring for the individuals, groups with same problem, marginalized communities and weaker sections of the society. Especially those who are interested in various fields like the knowledge and perspective gained from this field can be applied to various fields like women empowerment, social development programmes, journalism, creative writing, counselling, social work, etc.

#### Appropriateness of Programme to be conducted in ODL mode to acquire specific skills and competence:

Women's Studies graduates will acquire requisite skills and knowledge for careers in government and politics, advocating and helping out cases of people who are unjustly



charged, or are persecuted, are helped by these people. The students will have analytical skills and capability for critical thinking, and ability to carry out research studies and projects to contribute for the betterment of the society and in many areas for women and people with alternate sexualities and gender identities. As organizations and industries, urban areas and societies are expanding, job opportunities will have high importance in the coming years, as the demographic becomes more complex and mixed.

**Procedure for admissions, curriculum transaction and evaluation:**

**Eligibility:** Any under graduate degree from recognized University

**Fee:** Rs.3,800/- per year + Application and Processing fee.

**Financial Assistance:** SC/ST Scholarship shall be applicable as per the norms of the State Government of Tamil Nadu. Complete Admission fee waiver for the physically challenged/ differently abled persons.

**Policy of Programme delivery:** The Academic Calendar for the Programme will be available for the learners to track down the chronological events/ happenings. The Counselling schedule will be uploaded in the TNOU website and the same will be intimated to the students through SMS.

**Evaluation System:** Examination to Master Degree Programme in Social Work is designed to maintain quality of standard. Theory will be conducted by the University in the identified Examination Centres. For the Assignment students may be permitted to write with the help of books/materials for each Course, which will be evaluated by the Evaluators appointed by the University.

**Assignment:** 1 assignment for 2 credits to be prepared and submitted by the learners. E.g. If a Course is of Credit 4, then 2 number of Assignments are to be written by the learner to complete the continuous assessment of the course. Assignment carries 30 marks for each Course.

**Theory Examination:** Students shall normally be allowed to appear for theory examination by completing Practical and Assignment. The Term -End Examination shall Carry 70 marks and has Section: A and Section: B and will be of duration 3 hours.



## QUESTION PAPER PATTERN

**Time: 3 Hours**

**Maximum Marks: 70**

### **PART – A (5x5=25 Marks)**

Answer any five questions out of eight questions in 300 words

All questions carry equal marks

#### **Question Distribution Method:**

1. From Block-I
2. From Block -II
3. From Block -III
4. From Block - IV
5. From Block - V
6. From any Block
7. From any Block
8. From any Block

### **PART – B (3X15=45 marks)**

Answer any three questions out of five questions in 1000 words

All questions carry equal marks

9. From Block -I
10. From Block-II
11. From Block – III
12. From Block –IV
13. From Block -V

**Passing Minimum:** Candidates who have secured 50 percent of the marks in each course (both Continuous Internal Assessment and Term End Examinations) shall be declared to have passed the examination in that course. All other candidates shall be declared to have failed in that course.

#### **Classification of Successful Candidate**

Candidates who pass all the Courses and who secure 60 per cent and above in the aggregate of marks will be placed in the First Class. Those securing 50 per cent and above but below 60 per cent in the aggregate will be placed in the Second Class.

#### **Requirement of laboratory and Library Resources**

The Programme will be offered through the Learner Support Centre (LSC) maintained

by Tamil Nadu Open University. The LSC has the required infrastructural facilities to conduct the Counselling for the students who wish to clear their doubts. A well equipped Library is available in the University Headquarters and the Regional Centres with required books and research journals. The Learners Support Centre through which the Degree Programme is to be offered is also equipped with a full-fledged library having books and journals related Tamil.

### **Cost Estimate of the Programme and the Provisions**

The cost estimate for development, delivery and maintenance of the Master of Arts in Women's Studies Programme to the approval of Finance Committee, TNOU is provided in the following Table.

	<b>Details</b>	<b>Amount in Rs.</b>
1	Programme development and launching cost (Expenditure)	24,46,400
2	Programme Fee charged for 2 years per student (Income)	7,600
3	Examination Fee charged for 2 years (Income) per student	1500
4	Examination expenses per student for 2 years per student (Expenditure)	3,600

### **Quality Assurance Mechanism and Programme Outcomes**

The Quality of the Masters Degree Programme in Women's Studies is maintained by adopting the curriculum suggested by the UGC. As per UGC guidelines the core courses, three elective courses, three subject specific elective courses, two skill enhancement courses are included in the Programme. The syllabus was framed by subjects with due approval by the Board of Studies and Academic Council. The syllabus is also on par with that of the one adopted by other conventional Universities offering Women's Studies. As a part of Quality assurance the curriculum for the Programme will be updated once in three years. Necessary steps will be taken to obtain feedback from the students and the Academic Counsellors who are part of the Programme for effective delivery of the Programme.

**M.A Women's Studies  
I Year**

<b>Name of the Course</b>	<b>Course Code</b>	<b>Class hours</b>	<b>Internal</b>	<b>External</b>	<b>Total</b>	<b>Credits</b>
Introduction to Women's Studies	MWS-11	18	30	70	100	6
Women's Movement	MWS-12	18	30	70	100	6
Feminist Research Methodology	MWS-13	24	30	70	100	8
Women Empowerment Strategies and Approaches	MWS-14	18	30	70	100	6
Women Rights are Human Rights	MWS-15	18	30	70	100	6
<b>II Year</b>						
Health from a Women's Perspectives	MWS-21	18	30	70	100	6
Entrepreneurship Development: Gender Concerns	MWS-22	18	30	70	100	6
Representation of Women in Media	MWS-23	18	30	70	100	6
Psychological Health Needs of Women	MWS-24	24	30	70	100	8
Laws Protecting Women	MWS-25	18	30	70	100	6
Total Credits						64



**M.A WOMEN'S STUDIES I YEAR (NON-SEMESTER - DISTANCE MODE)**

<b>COURSE TITLE</b>	<b>INTRODUCTION TO WOMEN'S STUDIES</b>
<b>COURSE CODE</b>	<b>MWS-11</b>
<b>COURSE CREDIT</b>	<b>6</b>

**COURSE OBJECTIVES:**

While studying the Introduction to Women's Studies the Learner shall be able to:

- Exposed to Women's Studies and women's exclusion in knowledge production
- Understand about Schemes and Programmes, Commissions and Committees related to Women empowerment
- Gain input over history and genesis of Women's Studies
- Informed about the Role of Women's movement in introducing Women's Studies

**COURSE OUTCOMES**

After completion of the Introduction to Women's Studies the Learner can be:

- Apply the gender sensitivity in everyday lives
- Disseminate the difference between sex and gender
- Organize gender sensitivity and train others
- Evaluate the policies and programmes with women's studies perspectives

**Block – I - Introduction to Women's Studies**

**Unit -1:** Women's Studies- Objectives and Significance

**Unit -2:** Basic Concepts- Gender Equality vs Equity- Private vs Public spaces, sex and gender, gender stereotyping- Need for engendering.

**Unit -3:** Subject Matter – characteristics, and relevance of women's studies

**Unit -4:** Women's Studies Concerns and Questions

**Block – II - History and origin of Women's Studies and Institutionalization**

**Unit-5:** Nature and scope of Women's Studies in India – different from social work

**Unit-6:** Establishment of Centre for Women's Studies under UGC guidelines

**Unit-7:** Experiences and challenges faced by Women's Studies Centers

**Unit-8:** Growth and changing perspectives of Women's Studies and Research

### Block – III - Women’s studies an Academic arm of Women’s Movement

**Unit -9:** Women’s Movement and Women’s Studies in India : origin and genesis

**Unit -10:** Women’s studies programmes in India- Role of UGC

**Unit -11:** Major activities of Women’s Studies institutions in India, Women Universities

**Unit -12:** Career opportunities for women’s studies degree holders

### Block– IV - National and State Initiatives on Gender Sensitization

**Unit -13:** National Education Policy 1986 incorporate gender into curriculum

**Unit -14:** Various committees and commissions for women in Government.

**Unit -15:** Women’s Studies Researches and Policy initiatives.

**Unit -16:** Gender Sensitization-SAKHSAM- in Higher Education Institutions..

### Block – V - Women Empowerment initiatives

**Unit -17:** International Decade for Women in India

**Unit -18:** International initiatives –CEDAW- NHRC and UN Conventions

**Unit -19:** Plans and programmes for the advancement of women

**Unit -20:** National plan of action for girl child- Current Schemes

#### Reference Books:

- Dr.Chandrababu, B.S.,  
Dr.Mrs.L.Thilagavathi -Woman : Her History and Her Struggle  
For Emancipation, Chennai, 2009
- Christina Manohar - ‘Feminist Critique  
and Reconstruction’, ISPCK, 2005
- Gokilavani.S - ‘Women’s Studies  
Principles, Theories and Methodologies  
Department of Women’s Studies,  
Alagappa University, Karaikudi, 1999.
- Juliet Mitchel - ‘Women’s Estate’ England, 1971
- Manimegalai., (et.al,) - Gender Studies
- Nirmala Jeyaraj - Women and Society, ISPCK, Delhi, 2005
- Rajkumar Pruthi, (ed.al.)- Encyclopedia of Status and

- Noorijekan N Ganibar  
Shabataj Begam - Position of Women in India,  
Mangaldeep Publications, Jaipur, 2001
- Sandhya.N - Gender Issues and Women Empowerment,  
New Delhi, 2007
- Sandhya.N - Indian Society, Vrinda Publications (p) Ltd.,  
Bangalore, 2005



**TAMIL NADU OPEN UNIVERSITY**  
**SCHOOL OF SOCIAL SCIENCES**  
**CHENNAI – 15**

**M.A WOMEN'S STUDIES I YEAR (NON-SEMESTER - DISTANCE MODE)**

<b>COURSE TITLE</b>	<b>WOMEN'S MOVEMENT</b>
<b>COURSE CODE</b>	<b>MWS-12</b>
<b>COURSE CREDIT</b>	<b>6</b>

**COURSE OBJECTIVES:**

While studying the Women's Movement, the Learner shall be able to:

- Introduce the struggles of women's movements towards women's issues represented
- Understand the different waves of feminism in West and India
- Gain knowledge on various feminist theories
- Learn about women's organizations and women's movement

**COURSE OUTCOMES**

After completion of the Women's Movement the Learner can be:

- Apply and spread the concerns of Feminism.
- Appreciate and work towards the different schools of feminism and differences
- Commit and set and follow the role models in the Women Movement.
- Know about Women Organisation, Association and Council.

**Block –I History of Women's Movements**

**Unit-1:** History of Women's Movement in India

**Unit-2:** Areas of Struggle-Suffrage, Working Women issues, Abortions, equal remuneration

**Unit-3:** Women's Movement in USA, Europe, Africa, Asia and Latin America

**Unit-4:** Committee on Status of Women towards Equality Report 1974

**Block - II Meaning and Definitions of Feminism**

**Unit -5:** Waves of Feminism

**Unit -6:** Feminist Philosophy and Critique



**Unit -7:** New Schools of Feminism- Black, Dalit, Eco feminism.

**Unit -8 :** Fundamentalism, Casteims, and Contemporary issues

### **Block - III Theories of Feminism**

**Unit -9 :** Theories of Feminism

**Unit -10 :** Liberal and Radical Feminism

**Unit -11 :** Socialist and Marxist Feminism

**Unit -12 :** Other Feminist Theories

### **Block -**

## IV

**Unit – 13 :** Women Movement on Women’s Questions

**Unit – 14 :** Women’s Liberation Movement

**Unit – 15 :** Women’s Movement in England. And America

**Unit -16 :** Formation of Women’s Organization, Women India Association.

### Reference Books :

- Agarwala S.K. (et.al) - Dictionary of Women’s Studies in India, New Delhi, 1991.
- Dr.Chandrababu, B.S.,  
Dr.Mrs.L.Thilagavathi - Woman : Her History and Her Struggle For Emancipation, Chennai, 2009.
- Christina Manohar - ‘Feminist Critique and Reconstruction’, ISPCK, 2005.
- Chintamani C.Y., (ed) - Indian Social Reforms, Minerva Press, Madras, 1901.
- Gokilavani.S - ‘Women’s Studies Principles, Theories and Methodologies Department of Women’s Studies, Alagappa University, Karaikudi -1999.
- Juliet Mitchel - ‘Women’s Estate’ England, 1971.
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O. (et.al.,) - Feminist Theory A Critique of Ideology USA, 1982.
- Manimegalai., (et.al.,) - Gender Studies,  
• Nirmala Jeyaraj - Women and Society, ISPCK, Delhi, 2005.
- Rajkumar Pruthi, (ed.al.,)- Encyclopedia of Status and Position of Women in India, Mangaldeep Publications, Jaipur, 2001.
- Susan Barsnet - Feminist Experiences The Women’s Movement in Four Cultures, London, 1986.  
V. Baharathi Harishankar, “Being and Doing Gender: Multidisciplinary Perspectives” Satya Nilayam Publications Chennai



**TAMIL NADU OPEN UNIVERSITY**  
**SCHOOL OF SOCIAL SCIENCES**  
**CHENNAI – 15**

**M.A WOMEN’S STUDIES I YEAR (NON-SEMESTER - DISTANCE MODE)**

<b>COURSE TITLE</b>	<b>FEMINIST RESEARCH METHODOLOGY</b>
<b>COURSE CODE</b>	<b>MWS-13</b>
<b>COURSE CREDIT</b>	<b>8</b>

**COURSE OBJECTIVES:**

While studying the Feminist Research Methodology the Learner shall be able to:

- Introduce to the an alternative inclusive research method namely feminist research method
- Learn as to how knowledge is constructed and deployed and how interdisciplinary feminist perspectives inform research methods.
- Sensitize to redefine traditional categories, hierarchy, dichotomy between researcher and researched.
- Trained to use new tools and techniques and revisit the social science research methods

**COURSE OUTCOMES**

After completion of the Feminist Research Methodology, the Learner will be able to:

- Use and advocate the feminist research methods and its needs in research
- Understand the flaws in mainstream research methods and incorporate into the disciplines
- Discuss feminist research concepts with social science Researchers
- Appreciate the Methods and Techniques of Feminist Research in future research

**Block – I Research Process and Methods**

**Unit-1:** Need for Research and Research Process

**Unit-2:** Research Design: Descriptive Exploratory – Diagnostic and Experimental

**Unit-3:** Types: Survey, Action, Advocacy, Historical Evaluation

**Unit-4:** Comparative Research.-Need for applying Feminist Research Methods – Social science mainstream research vs feminist research

## Block – II Feminist Research and Its Characteristics

**Unit-5:** Objectivity Vs Subjectivity – debates in Social Science Research

**Unit-6:** Characteristics of Feminist Research -Non-Sexism- Non –Hierarchical

**Unit-7:** Feminist Ontology – Epistemology – Empiricism, Gender Insensitivity

**Unit-8:** Double Standards – Sex Appropriateness – Sexual Dichotomy –  
Experience of Women – Central to Research

## Block - III Sampling and Tools of data collection in Feminist Research

**Unit-9:** Types: Probability – Non-Probability – Snow ball sampling- Narratology

**Unit-10:** Data Collection in Feminist Research –Qualitative vs Quantitative

**Unit-11:** Tools and Techniques: Observation, Interview Schedule Questionnaire,

**Unit-12:** Case Study- Oral life History Content analysis- diaries, notes,  
autobiography – Focus Group Discussion. In-Depth Interview, Key  
Informants Interviews

## Block – IV Feminist Research Analysis

**Unit-13:** Experiential -Content –Cross Cultural Feminist Stand Point –Epistemology

**Unit-14:** Qualitative, Experiential, Empirical, Narratives

**Unit-15:** Gender as a Variable in the analysis Mixed Methods Approach;  
Triangulation: Merits and Types; Action Research;

**Unit-16:** Participatory Rural Appraisal (PRA) Feminist Action Research, Feminist  
Ethnography, Archival Research, Feminist Surveys, Content Analysis,  
Textual Analysis, Folklores ----Proxis

## Block – V Statistical Techniques and report writing

**Unit-17:** Measures of Central tendencies: Mean, Median, Mode

**Unit-18:** Measures of Variance: Rang, Mean Deviation, Standard Deviation

**Unit-19:** Correlation: Meaning, types, Karl Pearson's Correlation, Spearman's  
Rank correlation-Scaling Technique, Chi-Square, ANOVA 'T' Test ,  
Factor Analysis

**Unit-20:** Tenets and Principles of Writing a Research Report

## **References:**

1. Burgass, Robert G. (ed). Key variables in Social Investigation, London: Routledge and Kegan Paul, 1986
2. Chadwick, Bruce A.et.al Social Science Research Methods. Prentice Hall Inc. New Jersey: Englewood Cliffs, 1984
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5. Fink, Arlene and Jacqueline Kosecoff. How to conduct surveys: A step by step guide, USA Sage Publications 1985
6. Krippendorff, Klause. Content Analysis: An Introduction to its Methodology USA Sage Publications 1980
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11. Goode and Hatt. (1952). "Methods in social Research".Macgrawhill, Bombay.
12. Goode, William J. &Hatt, Paul K. "Methods in Social Research". McGraw HillBook Company, USA, Latest edition.
13. Helen Roberts (ed). (1984)."Doing Feminist Research". Rutledge and Kegan Paul, London.
14. Kothari, C.R. (1995)."Research Methodology: Methods and Techniques". Willey Fastern LTD, New Delhi.
15. Krishanaraj, Maithreyi (ed). (1985). "Evolving New Methodologies in Research on Women's Studies".SNTD Women's University, Bombay.
16. Sandra Harding. (1987). "Feminism and Methodology". Indian University press, India.



**M.A WOMEN’S STUDIES I YEAR (NON-SEMESTER - DISTANCE MODE)**

<b>COURSE TITLE</b>	<b>WOMEN EMPOWERMENT STRATEGIES AND APPROACHES</b>
<b>COURSE CODE</b>	<b>MWS-14</b>
<b>COURSE CREDIT</b>	<b>6</b>

**COURSE OBJECTIVES:**

While studying the Women and Empowerment, the Learner shall be able to:

- Know about the meaning, concept of Empowerment.
- Know about the Social and Economic Empowerment of Women.
- Know about Political and legal Empowerment of Women.
- Know about capacity building for women empowerment.

**COURSE OUTCOMES**

After completion of the Women and Empowerment the Learner can be:

- Understand the Women Empowerment.
- Understand about Social and Economic Empowerment of Women.
- Understand about Political and legal Empowerment of Women.
- Understand about capacity building for women empowerment.

**Block –I Introduction to Women Empowerment**

**Unit-1 :** Meaning and Concept of Empowerment- Empowerment redefined

**Unit-2 :** Framework for Empowerment. National and International

**Unit-3 :** Strategies for Women Empowerment- Critique

**Unit-4 :** Social, Political Empowerment of women in a rights perspective

**Block– II Empowerment Debate and Gender**

**Unit-5 :** Empowerment theories and philosophy

**Unit 6 :** Gender discriminatory areas: Literacy, Health and Nutrition, Women and Environment

**Unit-7 :** Problems and Rights of Girl Child ; Violence against women

**Unit-8 :** Women and Mass Media- Portrayal - Programmes for Victimized Women

### Block –III Women and Work

**Unit-9 :** Women as Workforce, Nature of work, Effects, Women in Organized and Unorganized sections

**Unit-10 :** Women Entrepreneur, Women Self Groups

**Unit-11 :** Gender and Poverty

**Unit-12 :** Globalization and women

### Block –IV Women and Political Participation

**Unit-13 :** Women in Politics – Women in Local self governments

**Unit-14:** Barriers for Women in Local Self Governments, Reservation Policy for Women

**Unit-15 :** Dominant Women in Politics Colonial and Modern Period

**Unit-16 :** Legal Empowerment, Women Welfare Schemes

### Block –V Faces of Gender Inequalities and empowerment strategies

**Unit-17 :** Capacity building for the Empowerment of Women, Concept

**Unit-18 :** Amartya Sen on Women Empowerment, Training methodology  
Leadership Model- Capability Approach

**Unit-19 :** Group dynamics- Inter Group Dynamics- Inter Group conflicts - Problem solving

**Unit-20 :** Conflict Management and disaster management –Gender Concerns

### Reference Books :

- 1) Dr.Chandrababu, B.S.,  
Dr.Mrs.L.Thilagavathi - Woman : Her History and Her Struggle  
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- 4) Nirmala Jeyaraj - Women and Society, ISPCK, Delhi, 2005
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Bangalore, 2005





**TAMIL NADU OPEN UNIVERSITY**  
**SCHOOL OF SOCIAL SCIENCES**  
**CHENNAI – 15**

**M.A WOMEN'S STUDIES I YEAR (NON-SEMESTER - DISTANCE MODE)**

<b>COURSE TITLE</b>	<b>WOMEN'S RIGHTS ARE HUMAN RIGHTS</b>
<b>COURSE CODE</b>	<b>MWS-15</b>
<b>COURSE CREDIT</b>	<b>6</b>

**COURSE OBJECTIVES:**

While studying the Women's and Human Rights, the Learner shall be able to:

- Know about the National and State Human Rights Commission and Women Development Council
- Know about the violence against Girls and Women
- Know about Women's Right and Responsibilities

**COURSE OUTCOMES**

After completion of the Women's and Human Rights the Learner can be:

- Understand the various commissions related to Women Rights
- Understand about violence against Girls and Women
- Understand about Women's Right and Responsibilities

**Block –I Human Rights Organizations and conventions**

**Unit-1:** Human Rights: Meaning, concept, functions

**Unit-2:** The National Human Rights Commission and SHRC

**Unit-4:** Women Development Council-Women and the Constitution- Denied of Human Rights

**Block– II Legal and constitutional measures**

**Unit 5** Various conventions—CEDAW, UNHRC, CRC

**Unit-:6.** Violence against women, Girl Child Abuse -

**Unit-6:** Feticide Infanticide-Eve teasing-Rape-Dowry and Sex workers

**Unit-7:** Domestic Violence Act 2005 and Sexual Harassment at Work places Act 2013

**Unit-8:** Women and Children in Bonded Labour and Desiccated women

## Block –III Women’s Rights as Human Rights

**Unit-9 :** Women’s Rights- constitutional provisions for equality

**Unit-10:** Customary laws vs legislations

**Unit-11:** Laws related to Women

**Unit-12:** Issues with Uniform Civil Code

## Block – IV Crimes against women in a human rights perspective

**Unit-13:** increasing Crimes against women – a concern for women empowerment

**Unit-14:** Gender Based violence for women and girls

**Unit-15:** Honor Crimes in India and human rights violation

**Unit-16 :** Health and sexual rights of women and sexual orientation

## Block – V Access to legal services

**Unit-17 :** Free Legal aid, And legal services authority

**Unit -18:** Women and Human Rights Education

**Unit-19:** Role of Women’s cell in colleges and Universities

**Unit-20:** Preventing sexual harassment at work places

### Reference Books :

- Agarwala S.K. (et.al) - Dictionary of Women’s Studies in India, New Delhi, 1991
- Dr.Chandrababu, B.S.,  
Dr.Mrs.L.Thilagavathi - Woman : Her History and Her Struggle For Emancipation, Chennai, 2009
- Christina Manohar - ‘Feminist Critique and Reconstruction’, ISPCK, 2005
- Chintamani C.Y., (ed) - Indian Social Reforms, Minerva Press, Madras, 1901
- Gokilavani.S - ‘Women’s Studies Principles, Theories and Methodologies Department of Women’s Studies, Alagappa University, Karaikudi -1999
- Juliet Mitchel - ‘Women’s Estate’ England, 1971
- Keohane, Nannarl, O. (et.al.,) - Feminist Theory A Critique of Ideology USA, 1982
- Manimegalai., (et.al.,) - Gender Studies,
- Nirmala Jeyaraj - Women and Society, ISPCK, Delhi, 2005
- Rajkumar Pruthi, (ed.al.,) - Encyclopedia of Status and Position of Women in India,



**M.A WOMEN'S STUDIES II YEAR (NON-SEMESTER - DISTANCE MODE)**

<b>COURSE TITLE</b>	<b>HEALTH FROM A WOMEN'S PERSPECTIVES</b>
<b>COURSE CODE</b>	<b>MWS-21</b>
<b>COURSE CREDIT</b>	<b>6</b>

**COURSE OBJECTIVES:**

While studying the Health from Women's Perspective the Learner shall be able to:

- This Course will include an analysis of health issues which concern women throughout the life cycle. The psychological, Physiological, cultural and political impact upon women's well being will be addressed. It will create awareness about the importance of Nutrition and Health to improve the quality of life for women in particular. Understand the Concept of differences health
- Introduce the students to health and gender biases in nutrition and health
- Understand about health care education for women, and policies
- Inform the interconnections of poverty, privatization and health seeking behaviour
- Learn gender based violence and its costs and as public health issue

**COURSE OUTCOMES**

After completion of the Health from Women's Perspective the Learner will be able to:

- Analyse the public health policies, social determinants of health ,in a gender perspectives
- Understand the gender gap in health seeking behaviour and connect with social structure
- Delineate the health policies, women specific health needs and advocate

for gender inclusion and break the silence over adolescent health

### **Block – I Concept of health**

**Unit-1:** Concept of health – parameters of community health

**Unit-2:** Health care needs for Men, Women and Transgender, Tribal

**Unit-3:** Health indicators of women – Mortality - Morbidity – Anemia – MCH issues

**Unit 4:** Components of Reproductive Health, Mental Health issues

### **Block – II Gender and Nutrition**

**Unit-5** Gender and Malnutrition – Nutrition education for Girls – Adolescent Health

**Unit-6:** Gender bias in nutrition intake – intra household distribution and discrimination

**Unit-7:** Maternal Health concerns- Child Health-MMR-Women's health seeking behavior Transgender Health- myths and needs– State Initiatives

**Unit-8:** RCH to MCH- Policies, programmes and interventions to improve : NRC – Rishori Sakthi, International: WHO – ICDS – UNICEF.

### **Block – IV Poverty, Adolescent and Health Seeking**

**Unit-13:** Poverty, Gender discrimination and under nutrition – Household and State

**Unit-14:** Psychological and mental health needs of pregnant women, infertile, pre-marital pregnancy.

**Unit-15:** Early marriage, unwanted pregnancy and unsafe abortions – infertility treatment – privatization of health – commodification of health care.

**Unit-16:** Adolescent pregnancy and sexually transmitted infection and HIV/AIDS-

Health issues relating to violence: sexual abuse, immoral trafficking, rape.

### **Block – V National Health Care Programmes- Gender Concerns**

**Unit-17:** International conference on population and development (ICPD) and National health policy of India - MCH programmes

**Unit-18:** Immunization programme, Women and Children-coverage

**Unit-19:** National Family Health Survey indicators- National Rural Health Mission -ICDS

**Unit-20:** Violence against women a Public Health issue

### **Reference**

1. Chloe E. Bird, Patricia Perri Rieker (2008) Gender and Health: The Effects of Constrained Choices and social polies. Cambridge: Cambriidge University Press
2. Goldman, B.M Hatch C.M.(2000) Women and Health, California: Academic press
3. Lewis L. (2010) New Dimensions in Women's Health. Onatario: Jones Barret Publishers
4. Singh Abha Lakshmi (2005), Rural Women: Work and Health, New Delhi: Women press
5. National Family Health Survey Report
6. Rosalind Pollack Petchesky. (2003). "Gendering Health and Human Rights". Jed Book, London
7. Shukla P.K. (1982). "Nutritional Problems of India". Prentice Hall of India, New Delhi
8. Swaminathan M. (1986). "Principles of Nutrition and dietetics". Bangalore printing and publishing, Bangalore
9. Tulsi Patel, (Ed.). (2007). "Sex selective Abortion in India: Gender, Society and New Reproductive Technologies". Sage, New Delhi
10. United Nations. "Human Development Report". World Health Organization (2000). "Women of South East Asia: A health profile", WHO, Regional Office for South East Asia, New Delhi



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**CHENNAI – 15**

**M.A WOMEN'S STUDIES II YEAR (NON-SEMESTER - DISTANCE MODE)**

<b>COURSE TITLE</b>	<b>ENTREPRENEURSHIP DEVELOPMENT: GENDER CONCERNS</b>
<b>COURSE CODE</b>	<b>MWS-22</b>
<b>COURSE CREDIT</b>	<b>6</b>

**COURSE OBJECTIVES:**

While studying the Entrepreneurship Development: Gender Concerns the Learner shall be able to:

- Know about the Concept, Nature and Development of Women Empowerment
- Know about the How to start business
- Know about Product planning and development process

**COURSE OUTCOMES**

After completion of the Entrepreneurship Development: Gender Concerns the Learner can be:

- Understand the Concept, Nature and Development of Women Empowerment
- Understand about How to start business
- Understand about Product planning and development process

**Block- I Introduction to Women Entrepreneurship**

**Unit -1:** Definition-Concept of Women Entrepreneurship and Entrepreneurship

**Unit -2:** Nature and development of Women Entrepreneurship, Entrepreneurial decision Processes

**Unit-3:** Entrepreneurial traits, factors, types, culture - and determinants of women entrepreneurship

**Unit-4:** Barriers and Prospects of Women entrepreneurship

**Block-II Entrepreneurial Process: Gender Concerns**

**Unit -5:** Starting an enterprise- growth and sustenance

**Unit -6:** Entrepreneurial Process product selection, form of ownership, plant

location, Land, building, water and power

**Unit -7:** Facilities required Product selection, raw material, machinery, man power and other infrastructural facilities

**Unit -8:** Licensing, registration and by laws

### **Block-III Institutional Support and Schemes**

**Unit -9:** Institutional arrangements for entrepreneurship development – role of DIC, TIIC, NSIC, MSME-DI, Skill Development Corporation

**Unit -10:** Supportive schemes-RMK, Udyam Nidhi, STEP-MSME-TREAD, Mudra, Start up and Stand up India etc

**Unit -11:** Women in micro enterprise development : issues and challenges

**Unit -12:** Gender barriers in availing bank credit, challenges, subsidies and incentives for women

### **Block-IV Preparing a Winnable Project**

**Unit -13:** Project formulation preparing professional Project report – guiding institutions

**Unit -14:** Project report format for various Entrepreneurship Schemes and Banks

**Unit -15:** Economic viability Market feasibility – Technical feasibility with gender lens

**Unit -16:** Financial feasibility and Economic feasibility – Break even analysis – start up

### **Block-V Process of Entrepreneurial Growth and sustenance**

**Unit -17:** Start up , growing up and sustenance stages- challenges for women

**Unit -18:** Concept stage, product development stage and marketing stage

**Unit -19:** Group innovation; establishing role in creative groups

**Unit -20:** Taking the leading group problem solving business innovation with a purpose, vision and strategy

### **Reference Books**

1. Entrepreneurship Development – Jose Paul, N. Ajith Kumar
2. Entrepreneurship Development – P. Saravanavel
3. Entrepreneurship Development programmes in India-M.A.Khan
4. Dynamics of entrepreneur Development and Management - Vasanth Desai





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**CHENNAI – 15**

**M.A WOMEN'S STUDIES II YEAR (NON-SEMESTER - DISTANCE MODE)**

<b>COURSE TITLE</b>	<b>REPRESENTATION OF WOMEN IN MEDIA</b>
<b>COURSE CODE</b>	<b>MWS-23</b>
<b>COURSE CREDIT</b>	<b>6</b>

**COURSE OBJECTIVES:**

While studying the Representation of Women in Media, the Learner shall be able to:

- Know about the Concept, Nature and Development of Women Empowerment in Mass Media
- Know about the Theoretical approach in Mass Media
- Know about participation of women in Mass Media and Media Organisation in India

**COURSE OUTCOMES**

After completion of the Representation of Women in Media, the Learner can be:

- Understand the Concept, Nature and Development of Women Empowerment in Mass Media
- Understand about Theoretical approach in Mass Media
- Understand about participation of women in Mass Media and Media Organisation in India

**Block- I Introduction to communication**

**Unit -1:** Communication, Content of Communication, values reinforced

**Unit -2:** Technological Determinism, Cultivation Theory, Uses and Gratifications Theory

**Unit -3:** Cognitive Dissonance Theory, Reinforcement Theory, Modelling Theory

**Unit -4:** Nature, ethics and Functions of Mass Media in a gender perspectives

**Block - II Political economy of cinema & TV:**

**Unit-5:** Caste, class and gender, biases in Indian Media

**Unit-6:** Women's Role, assignment and expectation in Media

**Unit-7:** Analysis of films and TV serials in a gender perspective

**Unit-8:** Trivialization, Gender Stereotype, negative portrayals and

Commodification of female body in media

### **Block- III Need for Alternative Media with gender lens**

**Unit-9:** Alternative efforts in print, Running Magazines, Alternative literature, community radio

**Unit-10:** Participatory video, construction of new women in Indian cinema (Content analysis of any movie video or women's magazine or literature)

**Unit-11:** Women's participation in censor board, Association

**Unit-12:** Women professionals in Media: Job opportunities, constraints, challenges, role of advertisement Media as a liberating instrument

### **Block – IV - Theoretical approaches of Mass Media**

**Unit -13:** The study of the media

**Unit - 14:** Theoretical approaches of Mass Media

**Unit - 15:** Socialist studies by Mass Media

**Unit -16:** Structuralist and culturalist studies of the media

### **Block- V - Media ethics, Law and Gender**

**Unit-17:** Media ethics- using photographs, names- Code for self-regulation

**Unit-18:** Gender stereotyping in Advertising as lay down by the Advertising

**Unit-19:** Indecent Representation of Women (Prohibition) Act, 1986

**Unit-20:** Participation of women in mass media: Gender Concerns

#### **References:**

1. Bhasin, Kamala and Agarwal Bina, 'Women and Media Analysis: Alternative and Action', Kali for Women, New Delhi, 1984
2. Brawley, Edward A, 'Mass Media and Human Services', Suraj Publications, New Delhi, 1983
3. Desai, Neera and Patel, Vibhati, 'Indian Women: Changes and Challenges in the International Decade 1975-85'. Popular Prakashan, Bombay, 1985
4. Gallagher, Margaret, 'Unequal opportunities: The case of Women and Media', UNESCO, 1981
5. Lebra Joyce et.al, 'Women and work in India', Promila and Co., New Delhi, 1984
6. Lawer, Robert H, and Handel, Waltren H, Social Psychology- The theory and application of symbolic interactions', Prentice Hall, Inc, Englewood Cliffs, New Jersey, 1983
7. North P.J, 'People in society: An Introduction to Sociology', Longman, and London, 1985
8. Ahuja B.N. 'Mass Communication with Special Reference to Indian Conditions', New Delhi, Varma Brothers, 1978
9. Banerjee, Subraja, 'Cultural and Communication', New Delhi, Patriot Publishers, 1986, 1st Ed.
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**M.A WOMEN'S STUDIES II YEAR (NON-SEMESTER - DISTANCE MODE)**

<b>COURSE TITLE</b>	<b>PSYCHOLOGICAL HEALTH NEEDS OF WOMEN</b>
<b>COURSE CODE</b>	<b>MWS-24</b>
<b>COURSE CREDIT</b>	<b>8</b>

**COURSE OBJECTIVES:**

While studying the Women and Psychology, the Learner shall be able to:

- Know about the Concept, Nature and Gender Perspective in Psychology.
- Know about the Theories of Psychology.
- Know about Psychology of Women and Psychological Therapies.

**COURSE OUTCOMES**

After completion of the Women and Psychology the Learner can be:

- Understand the Concept, Nature and Gender Perspective in Psychology.
- Understand about Theories of Psychology.
- Understand about Psychology of Women and Psychological Therapies.

**Block- I Women and Psychology:**

**Unit – 1:** Concepts, Nature, Methods of Study, Sex & Gender: Myths and Facts

**Unit – 2:** Sex Role Identity, Gender Stereotyping, Gender Differences and Similarities

**Unit – 3:** Feminization of Psychology: Consciousness, Female, Feminine and Feminist.

**Unit – 4:** Gender Perspective in Psychology, Concepts - Nature – Methods of Study – Sex – Gender – Myths and Facts

**Block - II Psychological and Mental Health : Gender Concerns:**

**Unit - 5:** Sex Role Identity – Gender Stereotyping – Gender Differences – Similarities

**Unit - 6:** Feminisation of Psychology – Consciousness: Female, Feminine and Feminist,

**Unit - 7:** Male, Masculine and Masculinity – Feminities and Masculinities

**Unit - 8:** Mental Health – Gender Bias in Diagnosis , Psychological Disorders

**Block- III Violence against women and Psychological Health Needs**

**Unit – 9:** Mental Health – Gender Bias in Diagnosis , Psychological Disorders

**Unit – 10:** Anxiety Disorders , Eating Disorders , Depression , Hysteria Menstruation -

Menopause

**Unit-11:** Sexism, - Sexual Harassment at Work Places –mental health issues.

**Unit -12:** Gender Bias: Diagnosis Reproductive ethics and Rights, emotional – Mood Imbalance.

### **Block - IV - Gender Theories and Psychology**

**Unit -13:** Theories of Psychology.

**Unit -14:** Psycho analytical theory – Psychodynamic theory

**Unit -15:** Social Learning Theory – Reinforcement and Imitation

**Unit -16:** Cognitive Development theory – Gender Schema theory – Gender perspective.

### **Block- V – Gender Issues and Psychology**

**Unit -17:** Psychological Effect during Menarche, Menstruation and Mood,

**Unit -18:** Pregnancy, Child Birth, Post partum depression after Motherhood and Menopause.

**Unit-19:** Violence , Sexual Harassment at work place, Ragging in Educational Institutions

**Unit -20:** Patriarchal Notions of Women's Psychology and possible strategies to overcome

#### **References:**

1. Elacoby E& Jacklin W.C. 1974. The Psychology of Sex differences. Standard Uni. Standard.
2. Lenin 1985. Women and Mental Health, Press N.Y.
3. N. Desai & V. Patel. Indian Women – change – challenge – popular prakashan, 1985.
4. Gornick V. &Moren B. 1971. Women in Sexist Society, Basic Books N.Y.
5. Mednick M and Tangeri. S. Hoffman W.1975. Women and Achievement. Hemisphere Pub. London.
6. Beere C. 1979. Women and Women's issues – A hand book of tests and measures jossybors.
7. Garner A RIESMAN ! Self help in the human services – Jossey hass.
8. Freceman J Women: a feminist perspective Palo Alto C.A.May Field.
9. S.V.Rosser (ED) Feminism with the Science and Health Care Professions – 1988 Pergm
10. Ressler R. Treaching Science and Health from a Feminist Perspective. A Practical guide, guide, Pergemon Press. Bleir: Feminist approaches and Science – Pergemon press.
11. Burman E. 1990. Feminism and the Psychological practices.



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**M.A WOMEN'S STUDIES II YEAR (NON-SEMESTER - DISTANCE MODE)**

<b>COURSE TITLE</b>	<b>LAWS PROTECTING WOMEN</b>
<b>COURSE CODE</b>	<b>MWS-25</b>
<b>COURSE CREDIT</b>	<b>6</b>

**COURSE OBJECTIVES:**

While studying the Laws Protecting Women, the Learner shall be able to:

- Know about the Colonial Legal System
- Know about the Women and Personal Laws
- Know about Indian constitution, Fundamental rights Directive principles of state policy Women

**COURSE OUTCOMES**

After completion of the Laws Protecting Women, the Learner can be:

- Understand the Colonial Legal System
- Understand about Women and Personal Laws
- Understand about Indian constitution, Fundamental rights Directive principles of state policy Women

**Block- I - Introduction**

**Unit -1:** Constitutional Guarantees and Women

**Unit -2:** Gender discrimination, harassment, violence and abuse

**Unit -3:** Women and Human Rights

**Unit -4:** Free Legal Aid

**Block – II Laws Protecting Women - I**

**Unit-5:** The Immoral Traffic (Prevention) Act, 1956

**Unit-6:** The Dowry Prohibition Act, 1961 (28 of 1961) (Amended in 1986)

**Unit-7:** The Indecent Representation of Women (Prohibition) Act, 1986

**Unit-8:** The Commission of Sati (Prevention) Act, 1987 (3 of 1988)

**Block –III Laws Protecting Women - II**

**Unit-9:** Protection of Women from Domestic Violence Act 2005

**Unit-10:** The Sexual Harassment of Women at Workplace (PREVENTION,

PROHIBITION and REDRESSAL) Act 2013 (371.38 KB)

**Unit-11:** The Criminal Law (Amendment) Act 2013

**Unit-12:** Protection of Children from Sexual Offences Act 2012

### **Block - IV UN Rights and Women Legislations**

**Unit -13:** UN Rights of Women and Children

**Unit-14:** Convention on eliminating all forms of discrimination against women (CEDAW)

**Unit-15:** The Indian Penal Code 1860

**Unit-16:** The Indian Evidence Act 1872

### **Block – V – Organizations for Women Protection**

**Unit -17:** National Commission for Women and State Commission for Women

**Unit 18:** Schedule Caste, Schedule Tribes - Scheduled Caste and Scheduled Tribe (Prevention of Atrocities) Act, 1989

**Unit-19:** Laws protecting Minorities, Backward Classes and Child Rights

**Unit -20:** Ministry of Social Justice and Empowerment and Ministry of Women and Child Development

### **Reference Books**

- Jacobsohn, Gary J. *The Wheel of Law: India's Secularism in Comparative Constitutional Context*. Princeton, NJ: Princeton University Press, 2003
- Kapur, Ratna, Brenda Cossman. *Subversive Sites: Feminist Engagements with Law in India*. New Delhi, India: Sage Publications, 1996
- Verma B.R. *Commentaries on Mohammedan Law (in India, Pakistan, and Bangladesh)* 8th ed. Allahabad, India: Law Publishers, 2002
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- Paul, John Jeya (1991), *Legal Profession in Colonial South India*. Oxford: Oxford University Press
- Sen, Anima (1999), *Problems and Potentials of Women Professionals across Cultural Perspectives*. New Delhi: Gyan Publishers
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