

PROFILE OF THE FACULTY

1. Name, Address &email : **Dr. M. V. Sudhakaran**
Head, School of Social Sciences
Tamil Nadu Open University
Saidapet, Chennai – 600 015.
Mobile: 9444170925
E-mail: drmvsudhakaran@yahoo.com

2. Designation & School : Professor & Head, School of Social Sciences
Subject Specialization : Psychology

.Educational Qualification

S.No.	Examination Passed	Name of the Board/ University	Year of Passing	Subject
1.	PG	University of Madras		Psychology
2.	M.Phil.	University of Madras		Psychology
3.	Ph.D	University of Madras		Psychology

3. **Fellowship/Award:** University Research Fellowship. **-NIL**

4. Teaching Experience

S.No	Name of Employer	Designation	Period of Employment	
			From	To
1.	VGP School of Management	Lecturer	15-03-1993	5-9-1996

2.	Directorate of Collegiate Education (Presidency College)	Lecturer	6-9-96	5-9-2000
3.	Directorate of Collegiate Education (Presidency College)	Lecturer – SL	6-9-2000	17-7-2004
4.	School of Social Sciences Tamil Nadu Open University	Lecturer –SL	17-7-2004	5-09-2005
5.	School of Social Sciences Tamil Nadu Open University	Reader	6-09-2005	5-09-2008
6.	School of Social Sciences Tamil Nadu Open University	Associate Professor	6-09-2008	1.12.2017
7.	School of Social Sciences Tamil Nadu Open University	Professor	2.12.2017	Till date

5. Administrative Experience

S.No.	Positions held	Name of the Institutions	Duration		Year of Experience
			From	To	
1.	Additional Responsibility at SR & ED	TNOU	10.05.2016	08.11.2017	1 year 6 months
2.	Head, School of social Sciences	TNOU	2008	Till date	11 years
3.	Head i/c , SOHTS,	TNOU		Till date	

	SOH, SOPPA, ,				
4.	Head i/c, SOCCJA	TNOU	2015	Till date	4 years
5.	Director(Academics)	TNOU	March 2019	Till date	5 Months

6. Research Supervision

Degree	Number Enrolled	Thesis Submitted	Degree Awarded
M.Phil.	63	56	53
Ph.D.	11	2	--

7. Books, Articles and Research Publications and Presentations

a) Articles published – Regional

S. No.	Title	Journal/ Magazine	Year	Page No
1.	“Empowerment of Tribal Women through Micro Credit Agencies”	“Petals of Humanities and Language Studies” (PHLS)”, RNI No: TN/ENG/05992 Vol.1	July - December 2016	

b) Research Papers in Journals (National & International)

S. No.	Title of the Paper	Journal	ISSN	Impact Factor/ H index/ i10
1.	Impact of Life Skills Training on Self-Esteem	Journal of Psychological	ISSN No:0022	--

	and Academic Achievement among Adolescents	Researches	3972	
2.	Attitude towards Examinations among students appearing for Public Examinations	Journal of Psychological Researches	ISSN No: 0022 3972	-
3.	Employee Motivation in Workplace - an Exploration	Journal of Psychological Researches	ISSN No: 0022 3972	-
4.	Efficacy of Comprehensive Psychotherapeutic Intervention on Anxiety among Chronic Low Back Patients	Shanlax International Journal of Arts, Science & Humanities	ISSN No:2321-788X	--
5.	Gender Inequality and Occupational Stress in the Work Environment	Journal of School Social Work	ISSN No:0976-3759	--
6.	Role of Consanguineous Marriage on Intelligence and Self-esteem among Adolescents	Journal of Professional Psychologists	ISSN No:	-
7.	Efficacy of CBT on depression among parents with children undergoing complex congenital heart surgery and prolong ICU stay	International Journal of Advances in Science, Engineering and Technology Volume 6, Issue 3, spl issue-2 (Sept 2018)		-

8.	Impact of psycho-social stressors in patients with myocardial infarction	International Journal of Emerging Technologies and Innovative Research Volume 5, Issue 9 (Sept 2018)		-
9.	Psychological co – morbidities among myocardial infarction patients – a six month follow up study	International Journal of Basic and Applied Research Volume 8, Issue 10, (October 2018)		--
10.	The relationship between working memory capacity and Fluid intelligence	Journal of Emerging Technologies and Innovative Research Volume 5, issue 9 (Sept 2018) (ISSN : 2349-5162)	--
11.	Non-computerized Cognitive Skills Intervention to Enhance Working Memory Capacity and Fluid Intelligence	International Journal of Basic and Applied Research, October 2018 Volume VIII Number X (P-	ISSN 22493352 E-ISSN 22780505)	-
12.	A Co-relational Study: Working Memory, Fluid Intelligence and Attention	Journal of Emerging Technologies	(ISSN : 2349-	-

	Span	and Innovative Research Volume 5, issue 9 (Sept 2018)	5162)	
13.	A Study On Employability Skills And Work Efficiency Among Software Professionals In Chennai	Scholarly Research Journal for Interdisciplinary Studies, May - June, 2016 Volume 3, Issue 24 . E-	ISSN 2278 - 8808& P-ISSN 2319-4766	--
14,	Effect of Life Skills Training on Social Skills of Slum Youth	International journal of basic and applied research, March 2019, Volume 9 number 03, P-	ISSN 22 493352 , E-ISSN 22780505	--
15.	A Study on Self Esteem among Student Teachers	Research Nebulla, Vol. IV, Issue IV, January 2016,	ISSN 2277 – 8071	-
16.	A Study on Adjustment among Prospective Teachers”	Research Demagogue, Vol.II Issue II April 2016,	ISSN 2350-1081	-
17.	Attitude of students towards vocational education	International Journal Of Indian Psychology	(Electronic):2348-5396 (Print):2349-3429	-
18.	Cognitive Behaviour Therapy for Schizophrenia – a Case study	Golden Research Thoughts, Volume 5 Issue	ISSN: 2231-5063	--

		9 March 2016		
19.	Family Burden and Coping among caregivers of Schizophrenia	Internatinal Journal of Indian Psychology, Volume 4, Issue 4, July-September, 2017, DIP: 18.01.022/20170 404	ISSN 2348-5396 (e) ISSN 2349-3429 (p	--

c) Full paper in Conference/Seminar Proceedings

S.No.	Title with page no's	Details of Publications	ISSN/ ISBN No.
1.	Problems encountered by Students of Distance Education: An Exploratory Study PP-827-829	Quality Enhancement in Distance Education for Life Long Learning	978-81-908078-7-6
2.	Guidance and Counselling Programme at Teacher Education – Current Scenario Pp 250-252	“Enhancement of Strategies in Teacher Education in Present Scenario,	978-93-80624-29-7
3.	Approaches to E-Learning Services Pp1-3	“Modern Technology in Teacher Education	978-93-5001-392-2
4.	“Emotional and Psychological Trauma of Tsunami Victims	Community Health	-

	Pp 242-244”		
5.	Psychological Perspectives of Value” Education in Institutions Pp 5-8	Enhancing Values in Education	978-93-5001-394-6
6.	Problem Solving – An Essential Exercise in School Education Pp 172-174	Innovative Practices for Teacher Education	978-93-5001-390-8
7.	Curriculum Enrichment through integration of Technology – Principles and SWOT Analysis Pp 7-12	Integrating Electronic Technology in Class Room Instruction	978-93-5001-392-2
8.	Digital Literacy, Curriculum and Education Pp 214-218	Curriculum Engineering: Principles and Practices	978-93-5001-390-8
9.	Counselling and Youth Development Programs for Leadership Development Pp 135-138	Enhancement of ICT for Preceptors and Leadership Preparation.	978-93-5001-383-0
10.	Impact of Environmental Degradation on Human Aggression and Stress Pp 113-114	Climate Change, Territorial Classification & Socio-Economic Crisis	978-93-81899-32-8
11.	Student Retention in Distance Education Pp 87-92	Quality Enhancement in Higher Education Beyond Cognition	978-81-7735-743-1
12.	Perceived Teacher Effectiveness of School Teachers in relation to their	Current Perspectives in Educational Psychology	978-93-5001-418-9

	Emotional Intelligence and Job Satisfaction Pp 236-240		
13.	Adolescent – A communication Condrum Pp 422-426	Current Perspectives in Educational Psychology	978-93-5001-418-9
14.	Therapeutic Management of Adolescent Problems Pp 484-488	Current Perspectives in Educational Psychology	978-93-5001-418-9
15.	Student Attitude Towards Examination – Tool Construction Pp 456-461	Current Perspectives in Educational Psychology	978-93-5001-418-9
16.	Role of career interest, higher education on job involvement of employees	“International conference on equity and efficiency in higher education, 7 th & 8 th Nov 2014, Tamilnadu Open University	978-93-313-2530-3
17.	Correlates of Internet Addiction and Anxiety among Adolescents - An exploratory study	National conference on Adolescent health, 23 rd & 24 th Jan 2015, MSSW, Chennai	978-93-81992-64-7
18.	Role in teachers in preparing adolescent students for career development”.	National Conference on Two year B.Ed Program in the cradle of Nurturance , conservation for quality Management : A need for achieving excellence and expertise, May 2016, GRT College of education	938-59-7716-4
19.	Influence of digital revolution on education	National Seminar on “Our new Generation- Challenges, Security and Guidance, 24 th Nov 2018, Tamil Nadu Open University	

		& Preston International College	
20.	The role of teachers as mentors"	National Conference on “Two year B.Ed Program in the cradle of Nurturance , conservation for quality Management : A need for achieving excellence and expertise”, 5 th & 6 th May 2016, GRT College of education	938-59-7716-4
21.	Basic Counselling Skills from Stories of Indian Epics’	National Conference on Enhancing Psychological Well-Being conducted by Department of Psychology, 2014.m Bharathiar University, Coimbatore	
22.	Creativity among School going Adolescents	Challenges of Workplace counselling in the New millennium , 2019, University of Madras	
23.			

d) Books Published :

S.NO	Title of the Book	Author(s)	Publisher	ISBN Number
1	A Short Guide to Mental Illness for Student Practioners	Sudhakaran M.V.	Mercury Printers	ISBN - 978-93-5001-294-9, 2011
2	Basic Principles of Psychology for Nursing Students	Vijayalakshmi. P & Sudhakaran M.V	Himalaya Publishing House	ISBN - 978-93-5229-431-1, 2018

e) Book Chapters

S.No.	Title with page no's	Book, Title, Editor & Publishers	ISSN/ ISBN No.
24.	Problems encountered by Students of Distance Education: An Exploratory Study PP-827-829	Quality Enhancement in Distance Education for Life Long Learning	978-81-908078-7-6
25.	Guidance and Counselling Programme at Teacher Education – Current Scenario Pp 250-252	“Enhancement of Strategies in Teacher Education in Present Scenario,	978-93-80624-29-7
26.	Approaches to E-Learning Services Pp1-3	“Modern Technology in Teacher Education	978-93-5001-392-2
27.	“Emotional and Psychological Trauma of Tsunami Victims Pp 242-244”	Community Health	-
28.	Psychological Perspectives of Value” Education in Institutions Pp 5-8	Enhancing Values in Education	978-93-5001-394-6
29.	Problem Solving – An Essential Exercise in School Education Pp 172-174	Innovative Practices for Teacher Education	978-93-5001-390-8
30.	Curriculum Enrichment through	Integrating Electronic Technology in Class Room Instruction	978-93-5001-392-2

	integration of Technology – Principles and SWOT Analysis Pp 7-12		
31.	Digital Literacy, Curriculum and Education Pp 214-218	Curriculum Engineering: Principles and Practices	978-93-5001-390-8
32.	Counselling and Youth Development Programs for Leadership Development Pp 135-138	Enhancement of ICT for Preceptors and Leadership Preparation.	978-93-5001-383-0
33.	Impact of Environmental Degradation on Human Aggression and Stress Pp 113-114	Climate Change, Territorial Classification & Socio-Economic Crisis	978-93-81899-32-8
34.	Student Retention in Distance Education Pp 87-92	Quality Enhancement in Higher Education Beyond Cognition	978-81-7735-743-1
35.	Perceived Teacher Effectiveness of School Teachers in relation to their Emotional Intelligence and Job Satisfaction Pp 236-240	Current Perspectives in Educational Psychology	978-93-5001-418-9

36.	Adolescent – A communication Condrum Pp 422-426	Current Perspectives in Educational Psychology	978-93-5001-418-9
37.	Therapeutic Management of Adolescent Problems Pp 484-488	Current Perspectives in Educational Psychology	978-93-5001-418-9
38.	Student Attitude Towards Examination – Tool Construction Pp 456-461	Current Perspectives in Educational Psychology	978-93-5001-418-9
39.	“Practising Waste Hierarchy Through 3 R’s in our Daily Life – A Model for Sustainable Development	Environmental Education for Sustainable Growth – A New Paradigm, 22.3.13 & 23.3.13,	ISBN 978-93-81332-92-4
40.	“Social Responsibility of Student Teachers Towards Moral Challenges	Empowering youth in Higher Education to combat Social Iniquities, 25.9.14 &26.9.14,	ISBN 978-93-80657-12-7

8. National/International Conferences

a) Papers Presented in International Conferences/Seminars/Symposia/Workshop

S.No	Title of the Paper	Title of the Conference/ Seminar	Organized by
1.	Effect of Intervention on Psychological issues related to Bullying among School Children	Safe Schools: Preventing Bullying and Harassment	Dept. of Psychology, Annamalai University

2.	Role of SKY on Job Involvement and Self Confidence among Women Executives	Child and Women Mental Health	Dept of Psychology, IDE- University of Madras,
3.	Psychological issues related to Learning Disabilities	Learning Environment for Excellence in Education	Dept of Education Mother Teresa Women's University & SRM University
4.	Student Retention in Higher Education	Quality Enhancement in Higher Education Beyond Cognition	School of Education, TNOU
5.	Effect of Intervention on Dietary Habits and Anxiety among Obese and Non-Obese Adolescents	Application of Psychological Training to Face the Challenges of Changing World	IAAP & Karnatak University, Dharwad
6.	Impact of Environmental Degradation on Human Aggression and Stress	Climate Change, Territorial Classification & Socio-Economic Crisis	Bharathidasan University & National Polytechnic Institute, Mexico
7.	Barriers in Digital Technology	Integrating Digital Technologies in Teaching Learning Process	Shiva College of Education
8.	Counselling and Youth Development Programs for Leadership Development	Enhancement of ICT for Preceptors and Leadership Preparation	Kasthooribha Gandhi College of Education, Namakkal
9.	Practicing Waste Hierarchy Through 3R's in our Daily Life – A Model for Sustainable Development	Environmental Education for Sustainable Growth – A New Paradigm	St. Justin's College of Education, Madurai

10.	Digital Literacy, Curriculum and Education	Curriculum Engineering: Principles and Practices	Vellalar College of Education for Women, Erode.
11.	Correlates of life skills training among adolescents	Towards Excellence in Education	St.Christopher College of Education
12.	Psychological Perspectives of Value Education in Institutions	Enhancing Values in Education	Christian College of Education , Perambalur,
13.	Approaches to E-Learning Services	Modern Technology in Teacher Education	Institute of Education, Srirangam, Tiruchirappalli.
14.	Guidance and Counselling Programme at Teacher Education	Enhancement of Strategies in Teacher Education in Present Scenario	Kasthooribha Gandhi College of Education, Namakkal
15.	Assuring Quality in Distance Education	Significance of Distance Education in Enhancing the Enrollment in Higher Education	Bharathidasan University Tiruchirappalli
16.	Capability building of Human Resources through Training and Development	Regional Conference On The Humanities 2009: Managing ASEAN's Future	Universiti Teknologi Petronas, Malaysia
17.	Learning Centeredness in Total Quality Management	International Conference on Learning Centered Education	AIAER, Palyamkottai, & St. Ignatius College for Education
18.	Co-Authored 1.Contribution of Digital libraries in LCE in Open and Distance Education	International Conference on Learning Centered Education	AIAER, Palyamkottai, & St. Ignatius College for Education Palyamkottai,

	2. Electronic Technology toward Learning Centered Education (LCE) in Open and Distance Education		Tamilnadu
19.	Role of Parenting in Inclusive Education	SAARC -Regional Workshop in Inclusive Education	UNESCO, Bangkok, Thailand
20.	Interpersonal Relationship Orientation and Decision Making Styles of Managers	I conference, Managing Human Behaviour in Organisations- National & International Perspective	IAAP & TTTI, Chennai
21.	Effect of Alcohol and Organizational Stress on Absence Behaviour among Blue Collar employees	International Conference of Indian Academy of Applied Psychologists	IAAP & Aligarh Muslim University
22.	Impact of Cognitive Behavioural Therapy (CBT) on an Indian Family with Depression	World research forum for engineers and researchers (WRFER) International Conference on Recent Advances In Medical, Medicine and Health Sciences,	Chennai, 29 July 2018
23.	Efficacy of CBT on Depression among Parents with Children undergoing Complex Congenital Heart Surgery and Prolong ICU Stay	World research forum for engineers and researchers (WRFER) International Conference on Recent Advances In Medical, Medicine and Health Sciences,	Chennai, 29 July 2018
24.			

b) Papers Presented in National Conferences/Seminars/Symposia/Workshop

S.No.	Name of the event	Place & dates	Attended/Title of paper presented
1.	Basic Counselling Skills in stories of Indian Epics	Enhancing Psychological Wellbeing	Dept of Psychology, Bharathiar University
2.	Attitude towards Examination	Emerging Trends in Educational and School Psychology	Pondicherry Psychology Association Puducherry
3.	Role of Counselling Centres in Higher Education Institutions	Sharing Research Works in Education and Research	IASE & SRM University
4.	Problem Solving – An Essential Exercise in School Education	Innovative Practices for Teacher Education	Kasthooribha Gandhi College of Education, Namakkal
5.	Psychology of Effective Teaching'	Integration of Modern Technologies in Teacher Education	Jeevan College of Education, Tiruchirapalli
6.	Emotional and Psychological Trauma of Tsunami Victims	Community Health	Department of Social Work, Madras School of Social Work
7.	Attitude towards ICT based solutions among MSMEs-	National level Seminar on Post Liberalisation and globalization Scenario on MSMEs in India.	TANSCHE & Govt Arts College, Nandanam Chennai
8.	Curriculum Enrichment - SWOT Analysis	Integrating Electronic Technology in Class Room Instruction	Oxford College of Education, Tiruchirappalli
9.	Creative Assessment Methods	9 th National Conference Psychological Approaches in Teacher Education	RVS's Amarnath College of Education, Karaikal

10.	Psychological Perspectives on Disaster Preparedness and Management	National Seminar on “Role of Stakeholders in Disaster Preparedness and Management”	Academic Staff College, Univ. of Madras, Chennai
11.	Role of Stress and Social Support on Perceived Quality of Life among College Teachers	Indian Association of Clinical Psychologists	Sri Ramachandra Medical College & Research Institute
12.	Caste Associations – A Psychological Perspective	National Seminar on Emerging Socio Political Movements in the New Millennium – New Challenges	Dept of Sociology, University of Madras, Chennai
13.	Environmental Education – A Psychological Perspective	National Seminar on Alternate Environmental Impact Assessment	Dept of Geography, University of Madras, Chennai
14.	Attitude towards Capital Punishment to Rapists-an Attitude Survey among Students	National Seminar on Human Rights and Criminal Justice Administration	Dept of Criminology, University of Madras, Chennai
15.	Psycho-social Problems of Woman Entrepreneurs	National Seminar on Institutional Support to the Women Entrepreneurs	NM College, Tiruchirappalli, T.N.
16.	A study on Personality and Impulsivity among Para suicidal Patients	National Conference Indian Academy of Applied Psychologists	IAAP & S.V. University, Tirupathi
17.	State Level Seminar	Madura college, Madurai, 10 th December, 2009	Rural Development: Myths and Realities
18.	State Level Seminar	Pasumpon Muthuramalinga Thevar College, Usilampatti, 21-	Media – Rural women’s perspectives

		22 January, 2010 in	
19.	State Level Seminar	Government Arts College, Melur, 5 th March, 2010	Education and socio-economic development among tribal community
20.	Iyntamil Aivalar Mandram-Madurai.	Gandhigram Rural University, Dindigul, 6 th March, 2010	rhjpaKk; r%fKk; - Xh; gFg;gha;T
21.	National Level Seminar	Annamalai University, Annamalai nagar, 19-20 th March, 2010	Problems and Prospects of Tribal People
22.	National Seminar	Gandhigram Rural University, Dindigul, 25 th March, 2010	Constitutional Provisions for Tribals: A Descriptive Analysis
23.	State Level Seminar	Madurai Kamaraj University, Madurai, 26 th March, 2010	Role of Media in Social Development
24.	State Level Seminar	Centre for Women's Studies, Lady Doak College, Madurai, 4 th October, 2010	The Tribal Women in Tamilnadu: Profile and Problems
25.	State Level Seminar	S.T. Hindu College, Nagercoil, held on 11 th and 12 th October, 2010	Imperative needs of health education in contemporary society: A Critical Appraisal

Completed Projects /Consultancies:

S.NO	Title.	Agency	Period	Grand amount Mobilized (Rs.in lakhs)
1.	Curriculum Development	Dept of Higher Education, Govt of Tamil Nadu		6.00

2.	Inviting Foreign Experts	Dept of Higher Education, Govt of Tamil Nadu		5.00
3.	Entrepreneurship cum Skill Development Programme	Dept of Higher Education, Govt of Tamil Nadu		20

9. Conferences/Seminars/Symposia/Workshop organized (Regional, National, International) Organized:

10. Served as Member in Professional Bodies/Committees (BoS, Academic Council, Inspection Committees, National forums etc.)

1. Team Head- NAAC accreditation felicitation committee
2. Member, Government Projects Committees of the University – i) Entrepreneurship
3. Development and Skill Development, ii) Curriculum Development Cell, and iii) Invited
4. Lectures by Foreign Experts
5. Chairman, Verification Committee – Faculty Selection, TNOU,
6. Member, TNOU Academic Council
7. Chairman, Board of the School of Social Sciences, TNOU (2006 –Present
8. Member, Equivalence Committee, TNOU.
9. Member, Prospectus for Research programmes Committee, TNOU,
10. Member, Magazine Development committee, TNOU.
11. Member, Inspecting Performing status of electronic equipments in TNOU.
12. Member Teaching & Non-teaching Staff Selection Scrutiny Committee, TNOU.
13. Member, Assessing requirements of Computers & Peripherals, TNOU,
14. Member, Subject Expert – Faculty Selection Committee (Asst. Professor –
15. Psychology), Madras University Nominee at MSSW, Egmore, Chennai – 10, & RGNIYD, Sriperumbudur.
16. Member – Syndicate, Tamil Nadu Open University.

17. Member, TNOU Purchase Committee, Syndicate Nominee
18. Member, Credit Transfer Committee, TNOU.
19. Member, TNOU Examination-related Disciplinary Committee – Syndicate’s Nominee
(2006 -2007)
20. Member, Academic Audit Committee – JBAS College, Chennai
21. Examiner – M.Phil & Ph.D thesis – Bharathiar University, Bangalore University
22. Annamalai University
23. Member, Doctoral Committee (Psychology), Hindustan University, SRM University,
24. Examiner, PG and UG boards of Presidency College, JBAS College, University
of Madras, PSG College of Arts & Sciences and Mother Teresa Women’s University.
25. Member – Convocation co-ordination committee (for all the convocations of TNOU)
26. University Coordinator for B.Ed Entrance Examination for consecutive Four years.
27. Coordinator– B.Ed, TNOU – OMR –Scanning, Evaluation and Results Committee (two
Occasions)
28. Convener – Indian School Psychology Association (InSPA) – Tamil Nadu State.

Declaration

I hereby, declare that the aforesaid particulars are true to the best of my knowledge and belief.

(Dr. M. V. Sudhakaran)