

PG-671

MCP-21

**M.Sc DEGREE EXAMINATION —
DECEMBER, 2019.**

Second Year

Counselling and Psychotherapy

**PRINCIPLES AND TECHNIQUES OF
PSYCHOTHERAPY**

Time : 3 hours

Maximum marks : 75

PART A — (3 × 5 = 15 marks)

Answer any THREE questions.

1. Explain a few techniques in behaviour therapy?
2. Mental status examination write in detail?
3. Short notes on Psychopharmacology.
4. Short notes on
 - (a) Transference
 - (b) Counter ference

PART – B (4 × 15 = 60 marks)

Answer any Four

5. Steps in Psychotherapy and explain any 3 techniques.
 6. Therapeutic process – explain.
 7. Social case work? Explain.
 8. Explain phases of session?
 9. Write in detail about Psychotherapy methods.
 10. Explain client centered therapy.
 11. Humanistic approaches in therapy?
 12. Behaviour modification techniques in training Intellectually disabled individuals.
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MCP-22

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Counselling and Psychotherapy

BEHAVIOUR THERAPIES

Time : 3 hours

Maximum marks : 75

PART A — (3 × 5 = 15 marks)

Answer any THREE questions.

1. Write briefly about effects of behaviour therapy.
2. Write short notes on classical conditioning
3. What is aversive therapy?
4. Brief on Punishment.
5. Explain social learning theory.

PART B — (4 × 15 = 60 marks)

Answer any FOUR questions.

6. Explain the theories involved in evolving behaviour therapies.
7. Discuss in detail on application of classical conditioning in therapy.
8. Define Token Economy. Explain the steps involved in token economy.
9. Critically analyse the educational implications on mass media.
10. Enumerate the principles of operant conditioning
11. Describe the techniques involved in obesity management
12. Highlight the effects of modelling on behaviour.

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PSYCHOTHERAPIES

Time : 3 hours

Maximum marks : 75

PART A — (3 × 5 = 15 marks)

Answer any THREE questions.

1. Write notes on gestalt therapy.
2. What is a stroke?
3. Describe the three ego states with suitable examples.
4. Explain the nature of family therapy.
5. Write notes on script writing in TA.

PART B — (4 × 15 = 60 marks)

Answer any FOUR questions.

6. Write elaborately on Rational Emotive therapy.
 7. Describe about the evolution of psychoanalysis psychotherapy and its techniques in detail.
 8. Describe transaction analysis and its transactions related to ego states.
 9. Elaborate about eastern psychotherapies.
 10. Describe the basic concepts of client centered therapy.
 11. Describe in detail about the principles of group therapy.
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PG – 674

MCP-24

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Second Year

Counseling and Psychotherapy

CLINICAL ASSESSMENT

Time : 3 hours

Maximum marks : 75

PART A — (3 × 5 = 15 marks)

Answer any THREE questions

1. Write notes on principal characteristics of psychological tests.
2. Write notes on aptitude testing.
3. Write notes on daily diary.
4. Write notes on interviewing skills.
5. Name the tests based on projective methods.

PART B — (4 × 15 = 60 marks)

Answer any FOUR questions.

6. Explain in detail how intelligence can be assessed and the categories of intelligence.
7. Describe in detail about the classifications of psychological tests
8. Elaborate in detail about aptitude assessment and its importance for career selection
9. Write about the various rating scales and its uses.
10. Discuss in detail about the personality assessment and tools used for assessment.
11. Explain the projective tests and its uses in clinical diagnosis of a client.